Mental Health Group Manchester

Rethink Mental Health Manchester is a group open to Carers and People who suffer from Mental Illness.

This is a campaigning, information and support group for anyone in Manchester.

Rethink Mental Illness was founded over 40 years ago to give a voice to people affected by severe mental illness, we remain determined that this voice will continue to be heard. We help more than 48,000 people every year through our services, support groups and by providing information on mental health problems.

For more information please contact:

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They meet on the 2nd Wednesday of the month from 6.00pm until 7.30pm.

For further information on Rethink Mental Illness:
Phone 0300 5000 927 (9:30am-4pm Mon to Fri)
Email info@rethink.org / Visit www.rethink.org