



# Mental Health Group Manchester

Rethink Mental Health Manchester is a group open to Carers and People who suffer from Mental Illness.

**This is a campaigning, information and support group for anyone in Manchester.**

Rethink Mental Illness was founded over 40 years ago to give a voice to people affected by severe mental illness, we remain determined that this voice will continue to be heard. We help more than 48,000 people every year through our services, support groups and by providing information on mental health problems.

**For more information please contact:**

Mary Patel  
07816754032 (M)  
Manchester Digital Laboratory (MADLAB)  
36-540 Edge Street  
Manchester  
Greater Manchester  
M4 1HN

[rethinkmanchester@gmail.com](mailto:rethinkmanchester@gmail.com)

**They meet on the 2nd Wednesday of the month from 6.00pm until 7.30pm.**



**it's time to talk. it's  
time to change**

let's end mental health discrimination

For further information on Rethink Mental Illness:  
Phone 0300 5000 927 (9:30am-4pm Mon to Fri)  
Email [info@rethink.org](mailto:info@rethink.org) / Visit [www.rethink.org](http://www.rethink.org)

Rethink Mental Illness is a charity that believes a better life is possible for the millions of people affected by mental illness. For 40 years we have brought people together to support each other through our services, groups and campaign.

Rethink Mental Illness Registered Office 89 Albert Embankment London SE1 7TP United Kingdom  
0300 5000 927 [info@rethink.org](mailto:info@rethink.org). Registered in England Number 1227970. Registered Charity Number 271028.